

Manchester Microscopical & Natural History Society



Established 1880 www.manchestermicroscopical.org.uk

Measurement in Microscopy

Micrometry ... a part of the Microscopist's Armamentarium





Use a ruler/transfer scale

Use a known object

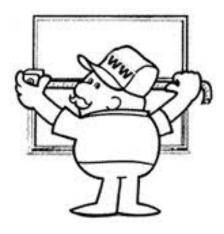
25 years ago! ... *MMS: November 2000* Measuring Microscopical Objects

How to measure sizes, surfaces, volumes, lengths, numbers, shapes and patterns of microscopical objects. + Practical

Mike Mahon, February 22nd 2025



Quantitation



- Sampling
- Morphometry
- Stereology
- Pattern Analysis
- Image Analysis

ACA4 (2022) - Mike Mahon School of Medicine, Faculty of Medicine & Health Sciences



Questions

F

- Why measure ?
- What do you want to measure ?
- How do we measure ?
- Are the results unbiased, precise, accurate, valid, meaningful ?

Questions

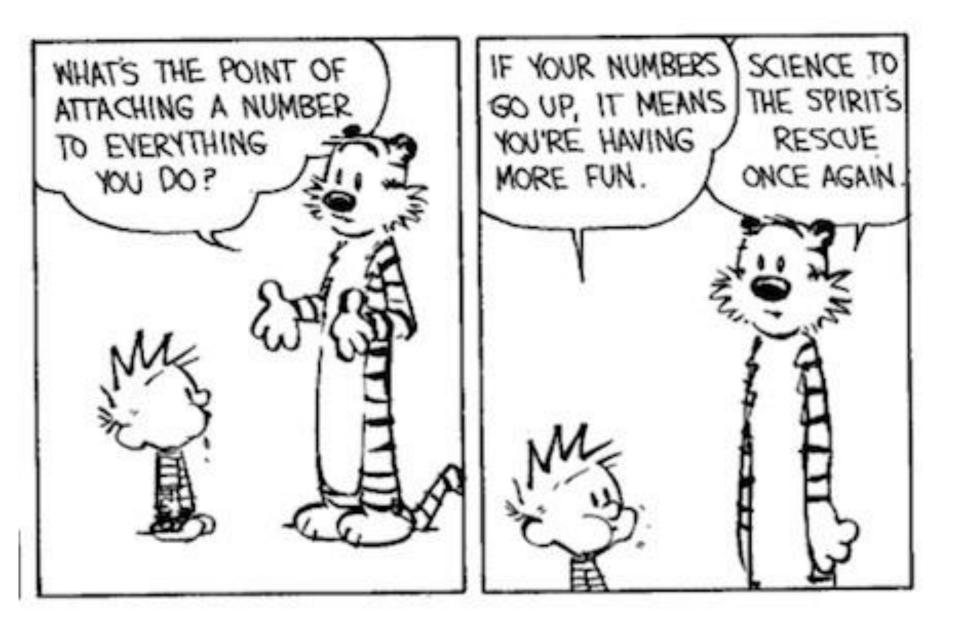
- Why measure ?
- What do you want to measure ?
- How do we measure ?
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Why measure ?

".... When you can **measure** what you are speaking about and express it in numbers, you know something about it; but when you cannot express it in numbers, your knowledge is of a meagre and unsatisfactory kind; it may be the beginning of knowledge, but you have scarcely in your thoughts advanced to the state of *Science*, whatever the matter may be."

Lord Kelvin (1883)

MMS How big / small is it?



Why measure ?

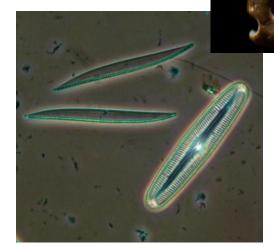
- Obtain Absolute Size Data
- Variability / Constancy
- Relative / Comparative Data
- Experimental v Control Data
- Disease v Healthy Data
- Treatment v Control Data
- Data on Changes / Growth / Ageing / Differences
- Data on Structure / Function Relationships
- Data to Predict / Mathematical Models

"The plural of anecdote is <u>not</u> data !" ... Measure it yourself !

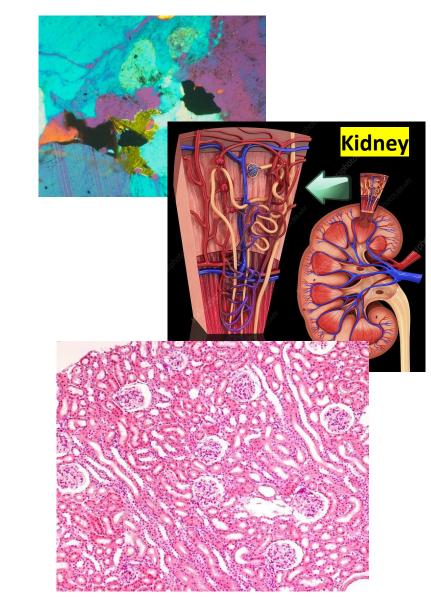
- Why measure ?
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Individual Objects





Structures in Rock/Tissue Sections



w^{at 7}. Things which may be measured

- Structures (3D)
 - Number, <u>size</u>, surface area, length, volume, shape, ...
- Mass
 - Density/Weights of organelles, cells, tissues, organs, people, ...
- Shapes & Arrangement
 - Macromolecules, organelles, cells, tissues, organs, people, ...
- Chemical Constituents
 - Storage products, DNA
- Activity Time (4D)
 - Enzyme activities, intracellular events, cell turnover, movement



Quantitation

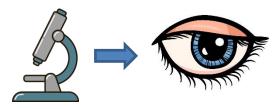


Geometrical Properties

- Sampling
- Morphometry (... directly)
- Stereology (... indirectly 2D/3D)
- Pattern Analysis
- Image Analysis

(<u>Units</u>: 1mm = 1000µm)

Minimum size resolved by ...



0.25 μm 0.1mm (100 μm)

Microscopists measure sizes about 1µm to 5mm

Optical Properties

- Analytical Microscopy
 - Reflectometry, Phase Contrast/Refractometry, Polarising, Interference, 'Weigh cells', Microdensitometry
- Semi-Quantitative
 - Rating scales, ++++



- Size
 - Lengths, Widths, Heights
- Amount
 - Lengths, Lv; Surface areas, Sv; Volumes, Vv
- Numbers
 - NA, Nv, N
- Shapes
 - Roundedness, Indentedness, S:V ratios, Form Factors, Tortuosity
- Orientations
 - Angles, Isotropic, Anisotropic, Branching
- Locations & Patterns
 - Random, Clumped, Dispersed, Related/Connectivity



Examples

- Size of diatoms, forams, tardigrades, pollen, bugs, hairs, sand grains, blood cells, muscle cells, ...
- Number of neurons in brain samples
- Percentage / Number of dividing cells in sample
- Proportion of cells, nuclei, vessels in liver section
- Length of capillary network in tissue
- Surface area of villi in gut, alveoli in lung
- Orientation/branching of Purkinje fibres in cerebellum
- Relationships of organism type 1 to organism type 2



Applications

- Microscopy, Histology, Pathology
- Botany, Zoology, Anatomy, Embryology
- Radiology
- Food Science
- Metallurgy
- Materials & Computer Sciences
- Geology
- Ecology
- Geography
- Social Sciences
- Astronomy

- Why measure ?
- What do you want to measure ?
- How do we measure ?
- Are the results unbiased, precise, accurate, valid, meaningful ?



"One ounce of thought is worth one ton of equipment."

Lord Rutherford





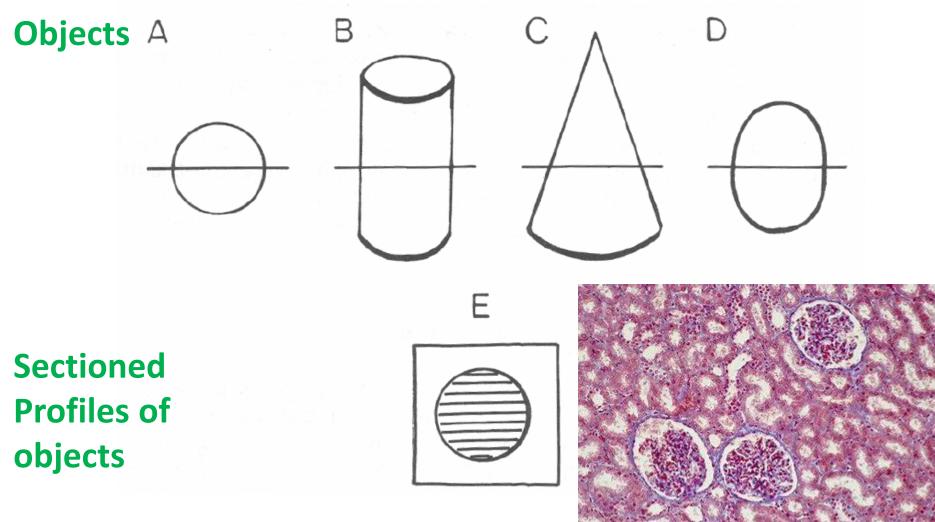
Pre-Quantitation



- Qualitative Analysis
 - Observation / Visualisation / Form / Organisation
 - Recording
 - 2D/3D Interpretation / Serial: Thick Sections / Reconstruction
 - Functional Interpretation
- Subjective Quantification
 - <u>Guesstimate ??</u>
 Variability
 - Amount, many, more, larger, 0 to ++++
 - Activity
- Relate to other levels of organisation, up, down
- Relate to other methodologies Physiol, Biochem, Living
- Artefacts / Misunderstandings

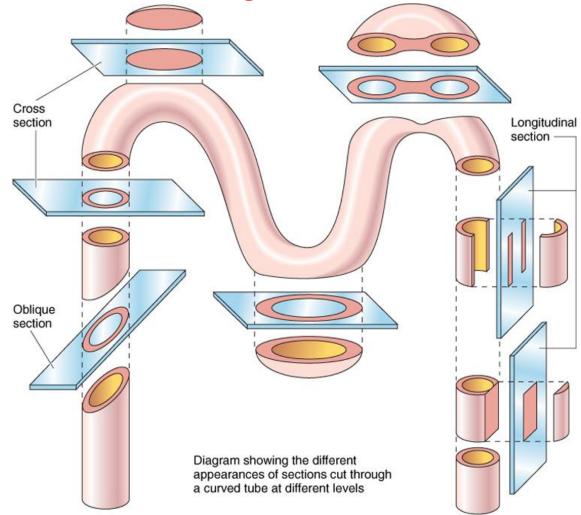


Problems using sectioned tissues !



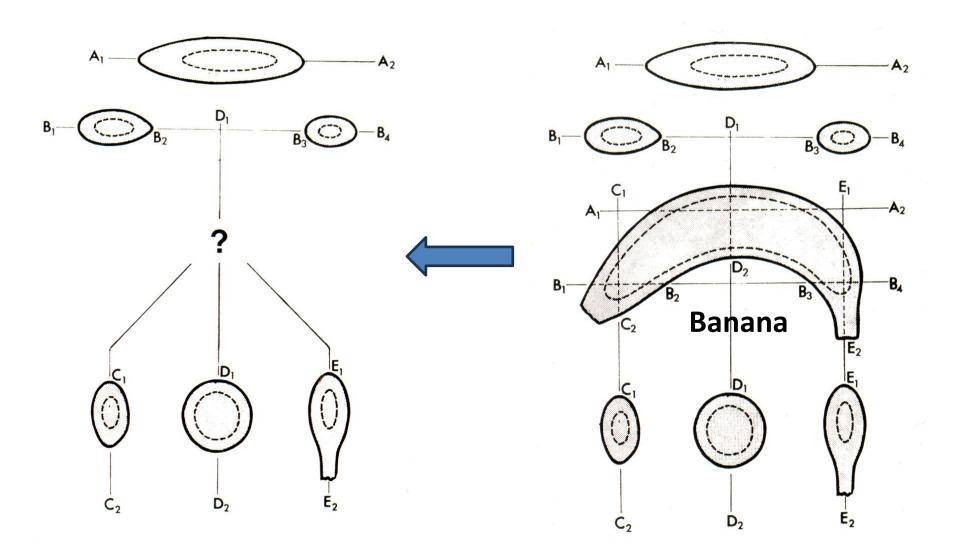


Problems using sectioned tissues !



© Elsevier. Gartner & Hiatt: Color Textbook of Histology 3E - www.studentconsult.com



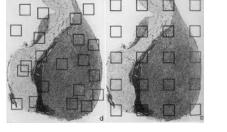




Sampling

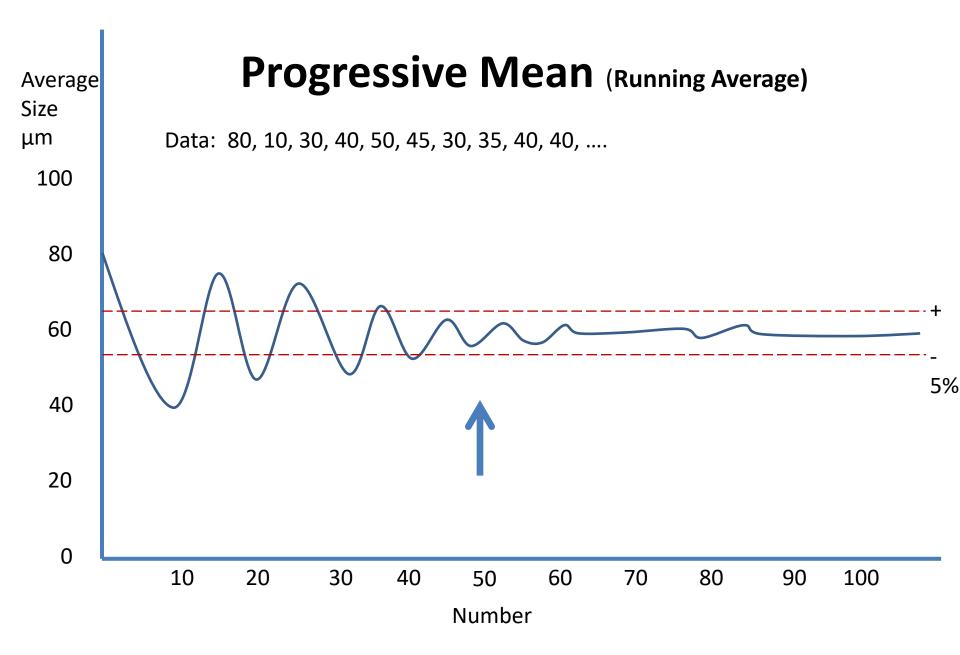
- In

- Staining
 - Magnification
- Representative
 - Is tissue Homogeneous (Isotropic) / Irregular (Anisotropic) Heterogeneous (Anisotropic) Gradiential (Anisotropic)
- Random
 - Completely random
 - Systematic stratified random sampling
 - Zonal oblique sector analysis
- Manual / Automated



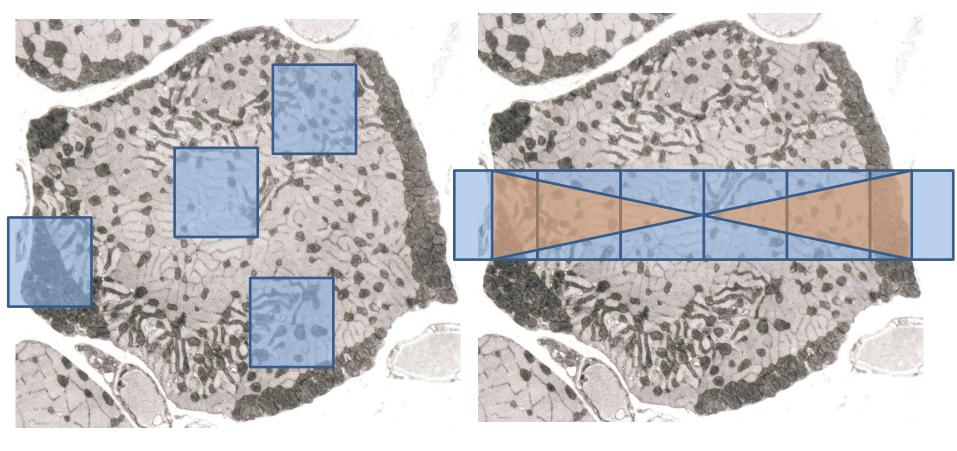


- How many samples? (Experimental Design)
 - Individuals / Organs / Blocks / Sections / Micrographs / Items / Measures
 - Hally Formula RSE= SQRT (1-Vv)/SQRT n
 - Progressive mean, Log Plots
 - Do More, Less Well !



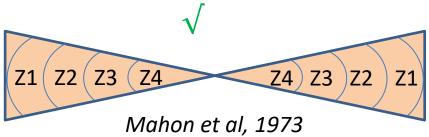
Skeletal Muscle – Random Sampling Micrographs at x18,000

Skeletal Muscle – Zonal Oblique Sector Analysis Method (ZOSAM)



X

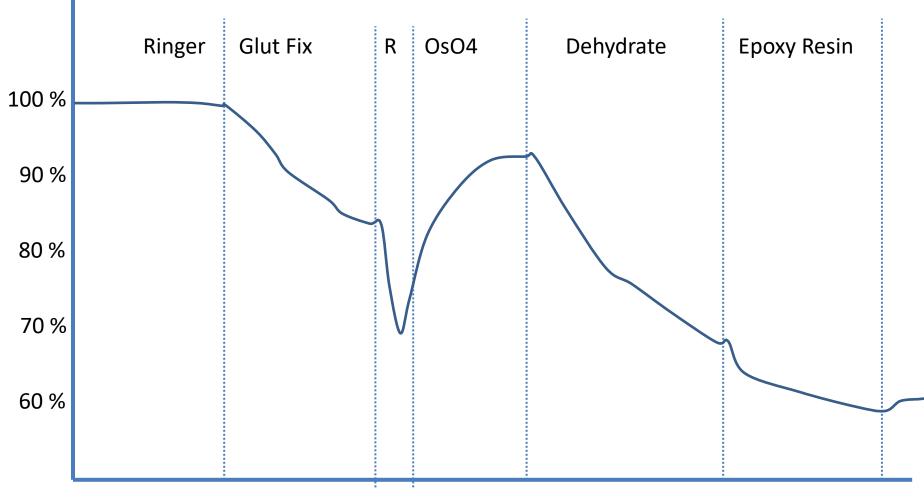
Sampling: ≤ 1 , RSE (, SQRT (1-Vv)/SQRT n) or Prog. Mean



Tissue Preparation Effects

- Fixation Effects (Sissons, Goldspink, Strickland 1960s, 1970s)
 - Flemmings 3-15%
 Carnoys -19-36%
 Bouins -23%
 Formalin -23-30%
 Zenker -30-40%
- Length change 10%
- Areal change 21%
- Volume change 33%
- Need a Standard Ringers, Frozen, ...

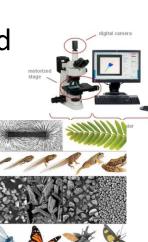
Tissue preparation steps for transmission electron microscopy



Time (hrs)

Which Method ?

- Morphometry
 - direct measurement of structures
- Stereology
 - extrapolation from 2D to 3D using simple counting methods
- Image Analysis
 - combination of above using digital imaging and computers in manual or automatic modes
 - plus data presentation and analysis







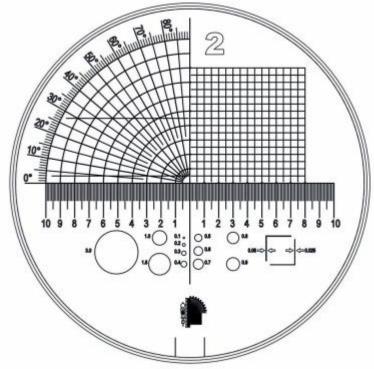


If object is large enough ..



Measuring Magnifier (Loupe)

+ Reticle / Graticule



Microscopy Practical

1. Magnification Calibration

2. Morphometry

3. Stereology

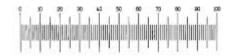
4. (Pattern/Shape analysis)

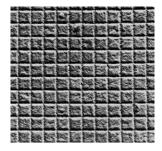


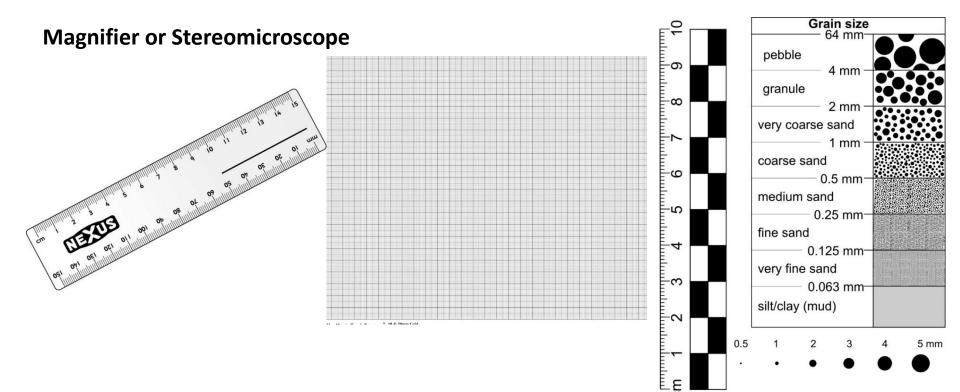




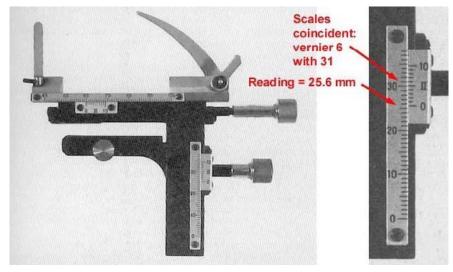
- Diameters & Areas
 - Longest, shortest/narrow, Orthogonal, Feret, Average, Random chord
 - From area (πr^2), Circle of best fit
- Shape
 - Axial ratio, S:V ratios or Form factors(A/P², 1=4 π A/P²), Angularity (Gulfs & Peaks)
 - Shape of best fit (Identikit), Reconstruction
 - Fourier Analysis, Fractals (Mandelbrot)
- Volumes, Lengths ▲, Surfaces ▲, Numbers ▲ ▲, Thickness
- Equipment & Magnification Calibration
 - Rulers, Calipers, Graticules, Stage Micrometer, Cut & Weigh
 - EM: Diffraction Grating, Latex Spheres, Crystals
 - Filar micrometer, Image Shearing micrometer
 - Photographs, Drawings, Projection (Camera Lucida/Drawing Tube)
 - Thread, Map Measurer (Opisometer), Planimeter
 - Stereological lattices
 - Image Analyser

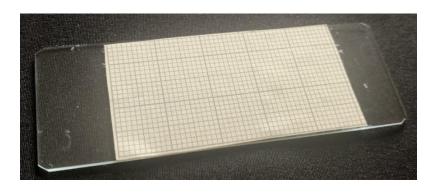






Compound Microscope





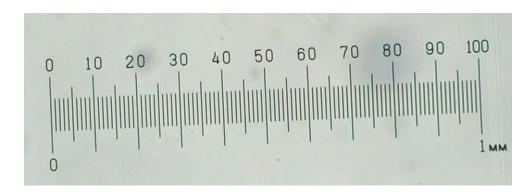
CC

MM scale slide – 1mm squares

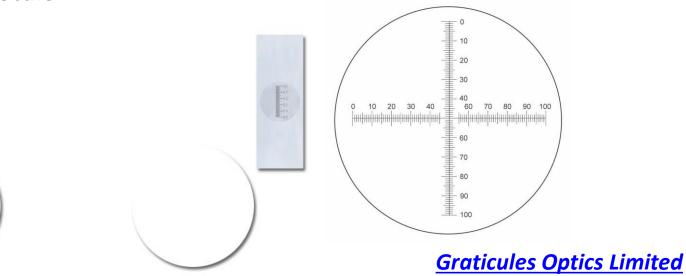
Stage Micrometer Slide

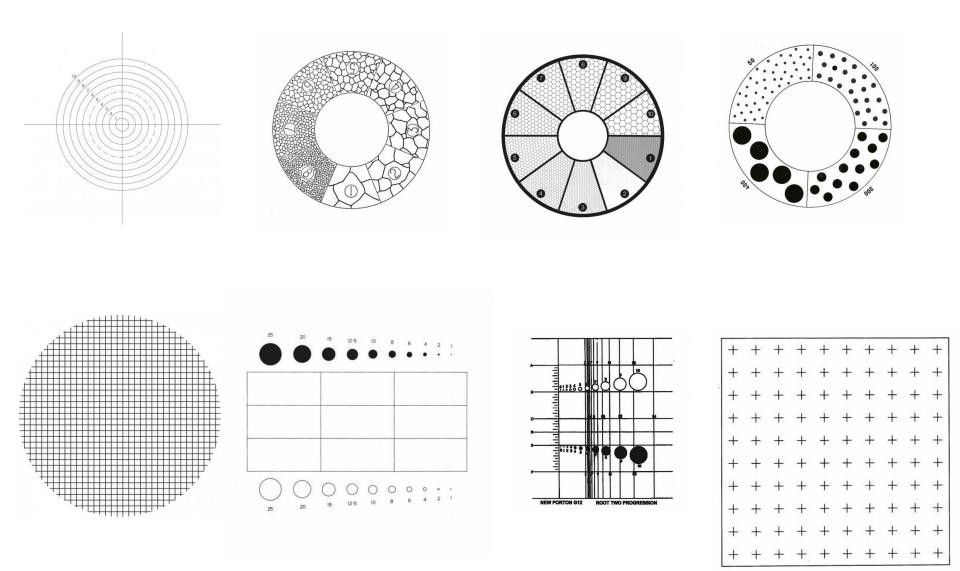


Eyepiece Graticule Scale

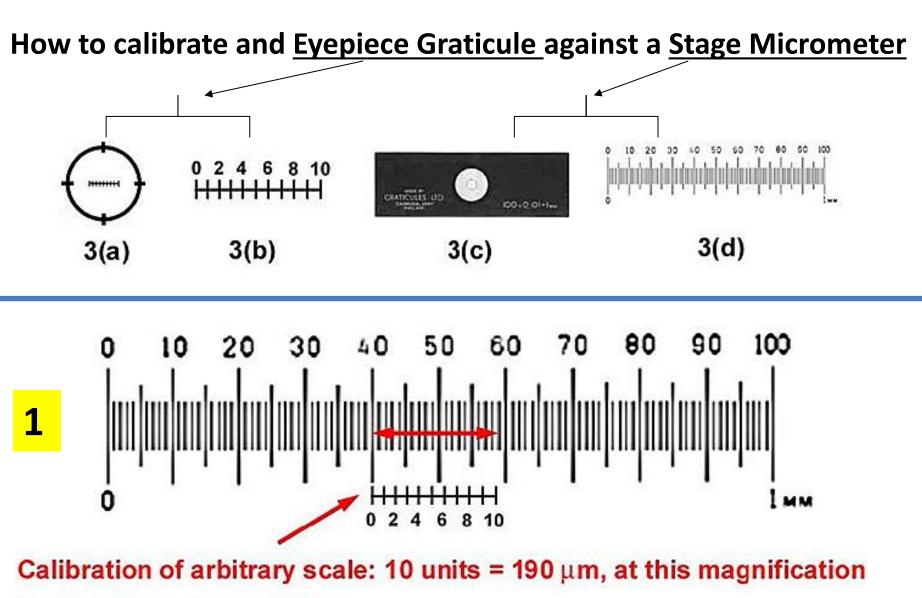


- As a guide / guestimate
- Measure width of **field of view** for each objective
- Magnification / Scale bar
- Transfer scale to Eyepiece Graticule





... some of the Eyepiece Graticules made by Graticules Optics Limited



Each arbitrary unit = 19µm

- Transfer Scale ...
- 2 Then replace Stage Micrometer with your slide and 'measure' objects with Eyepiece scale e.g. 2 units = 38 um + Take a Photo !

Filar Micrometer Eyepiece





Image Splitting Eyepiece (Watson)



... very precise

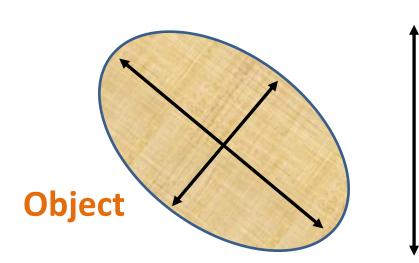
Measuring Larger Items precisely ...

Travelling Microscope



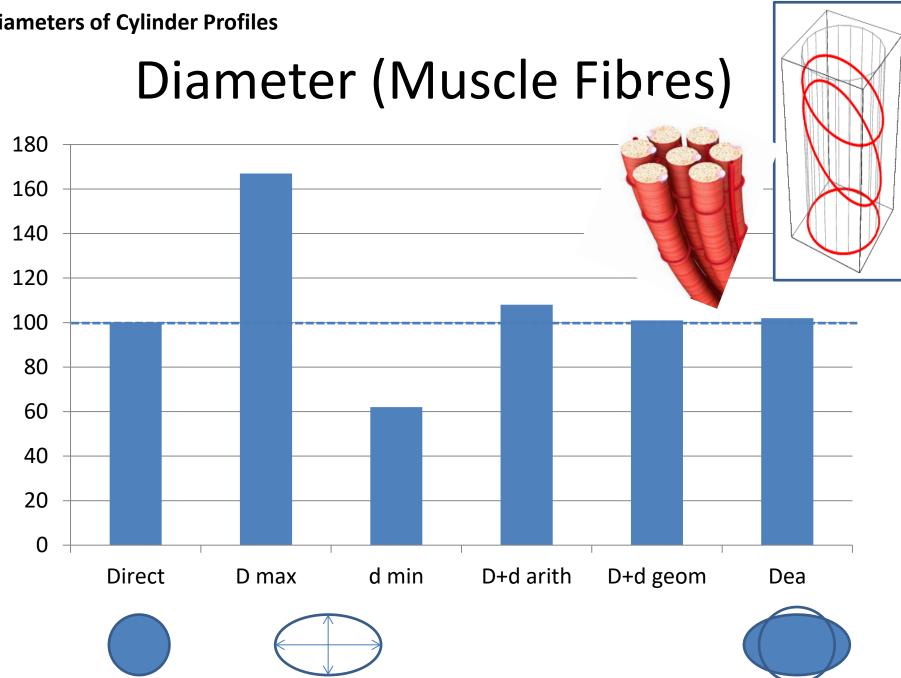


Diameter: Some Problems to consider



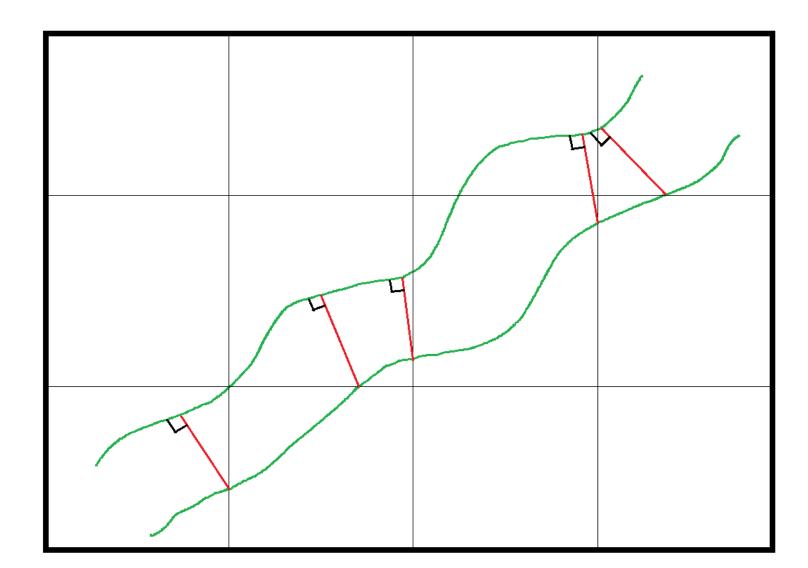
- Narrow diameter
- Maximum diameter
- Average diameter
- Orthoganal diameter
- Feret (Caliper) diameter
- Random chord diameter
- Diameter of Circle of best fit
- Diameter calculated from measured area using πr^2

Diameters of Cylinder Profiles



Some problems ...

Thickness Measurements



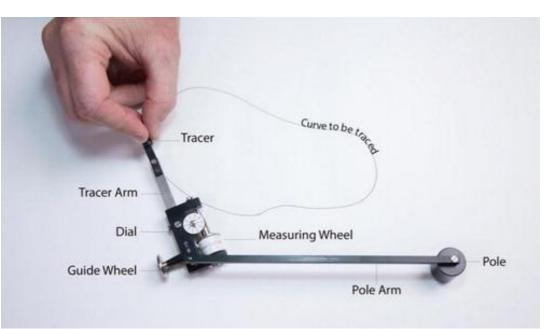
Map Measurer (Opisometer) for measuring <u>Lengths</u>



... or use a cotton thread !

On projected images, drawings, photographs

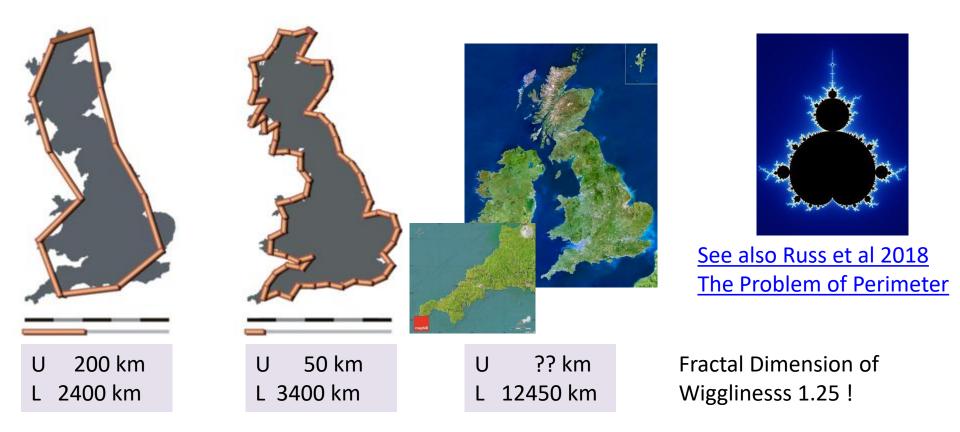
Planimeter For measuring <u>Areas</u>

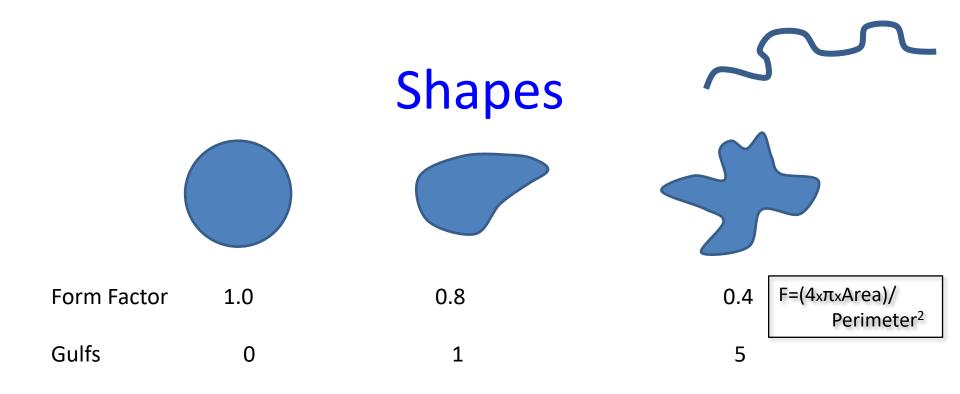


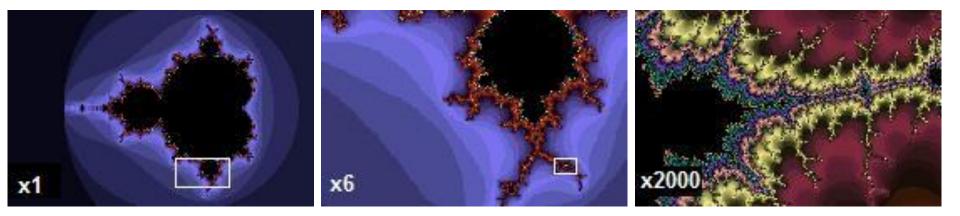
Length



- Dependent on Magnification
- How long is the coastline of Britain? (Mandelbrot (1967) Science)

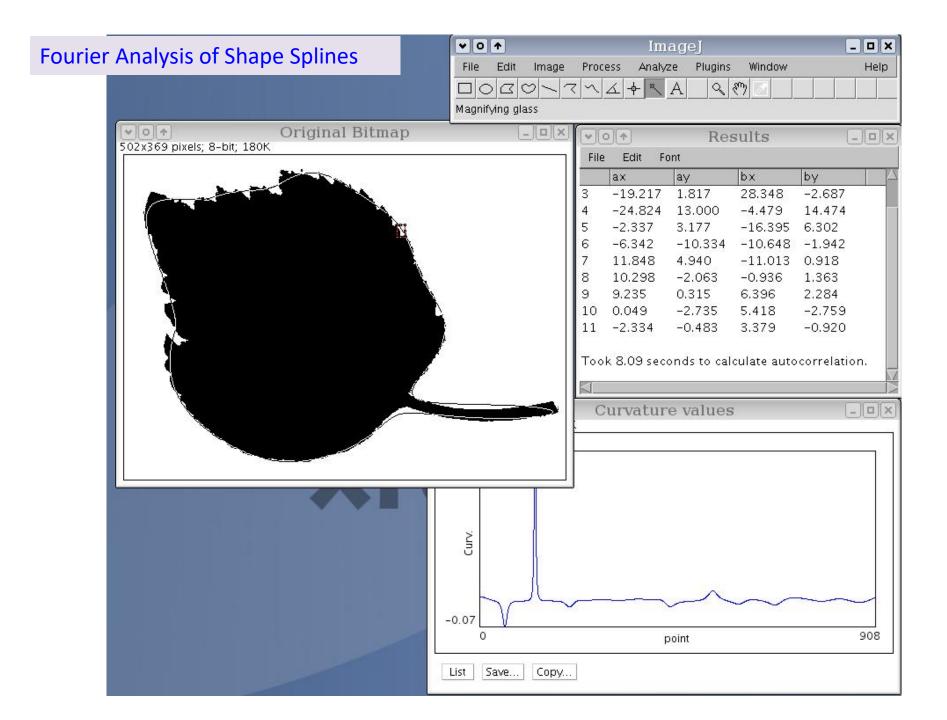


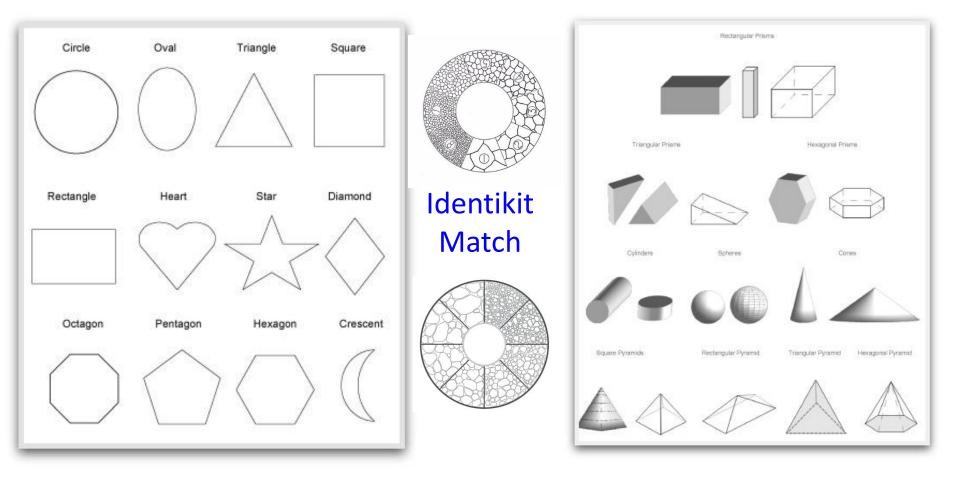




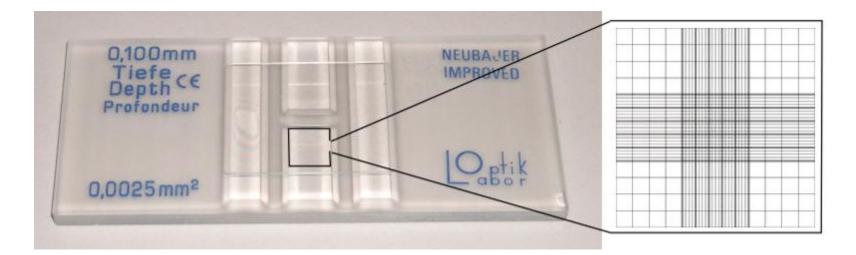
Fractals – Mandelbrot Set

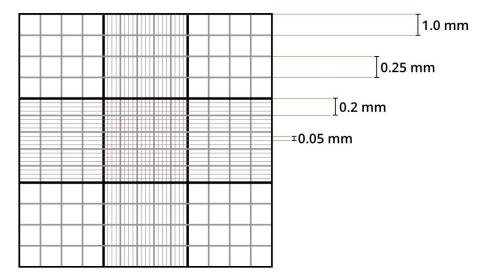
See Mandelbrot, 1982 The Fractal Geometry of Nature





Numbers: Haematocytometer Slide



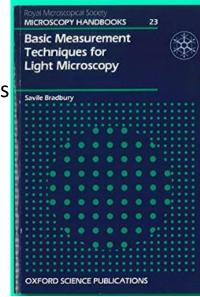


Number of cells in a 1mm^2 square x 10^4 = No. cells/ml.

Reading: Bradbury S 1991 Basic Measurement Techniques for Light Microscopy RMS #23

Early History of Measurement in Microscopy

- 1665 Hooke comparisons, scale bars on drawings, counts
- 1673 Leeuwenhoek compared 'Little animalcules' v sand grains, rbcs
 - 1679 " made a graticule of 600 hairs per inch
- 1716 Hertel stage micrometer
- 1718 Jurin hair micrometer
- 1753 Baker calibrated lattice wire micrometers
- 1771 Adams screw micrometer
-
- 1904 Wright eikenometer
- 1936 Patterson & Cawood particle size eyepiece graticules
- Travelling Microscope
- Haemocytometer slides
- 1960 Barer /Dyson image shearing/splitting micrometer
-
- **Counts & Proportions** (Geology, Metallurgy, >Biology)
- 1847 Delesse areas \equiv volumes
- 1851 Sorby tin foil cutouts
- 1916 Shand mechanical automation
- 1939-1990s-various electronic 'image analysers'



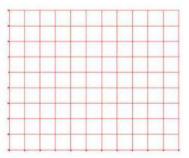


Henry Sorby – FRS, RMS, MMS



Stereology 1

Extrapolation from 2D to 3D



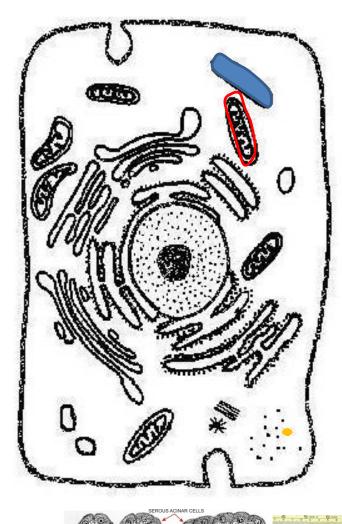
• History

Geology, Metallurgy, Engineering, Astronomy, Biology

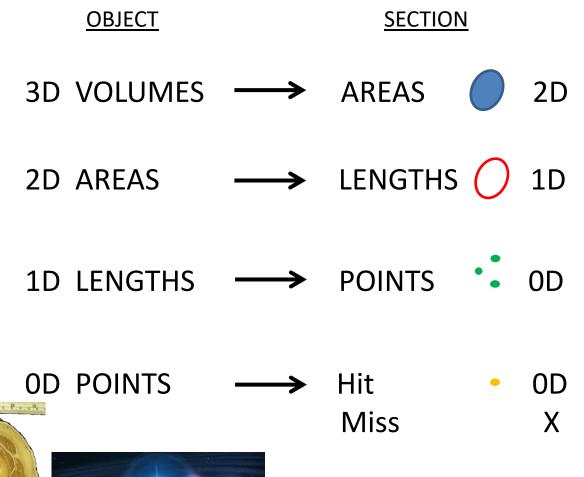
- 1777 Buffon
- 1850s Delesse, Sorby
- 1961 ISS, Models; Elias, Weibel, Williams, Mayhew, Cruz-Orive
- 1983 Unbiased/Designer: Gunderson (Cavalieri, 1635)
- Dimensional Reduction
 - Volumes, Surface Areas, Lengths, Numbers
 - Volume=3D, Area=2D, Length=1D, Point=0D
 - Vv, Sv, Lv, Pp Point Counting, Line Cuts, Counting

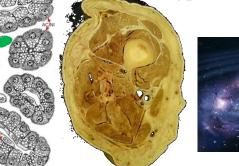
• Equipment

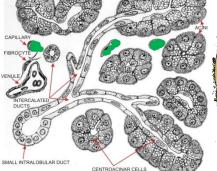
- Probes (Sections, Lattices, Tally Counters, Image Analysers)
- Isotropic Probes, Merz Lattices, Cycloids

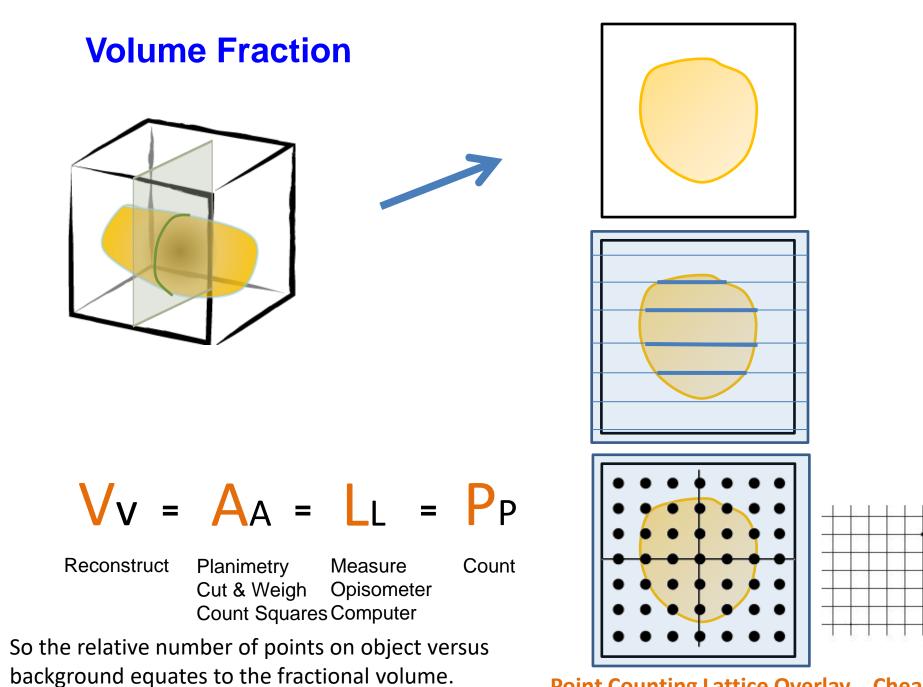


Dimensional Reduction

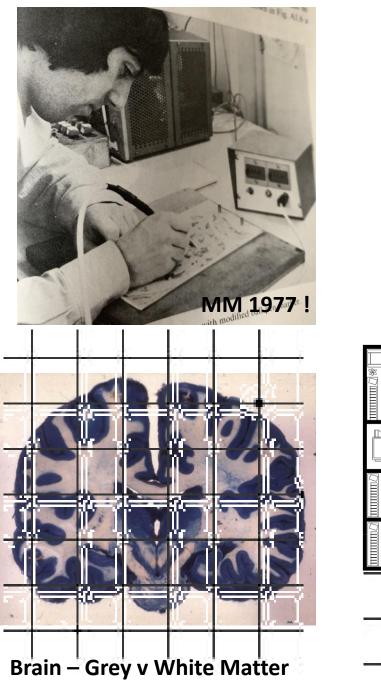


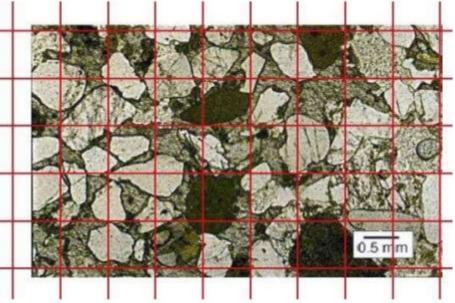




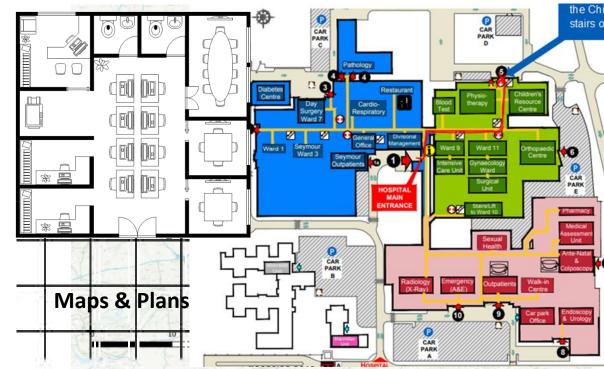


Point Counting Lattice Overlay ... Cheap!

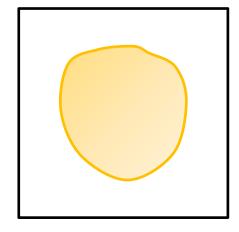




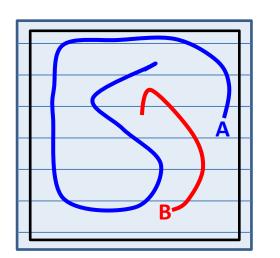
Metallurgy & Geology



Surface Density

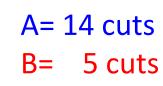






Line Cut Lattice Overlay ... Cheap!

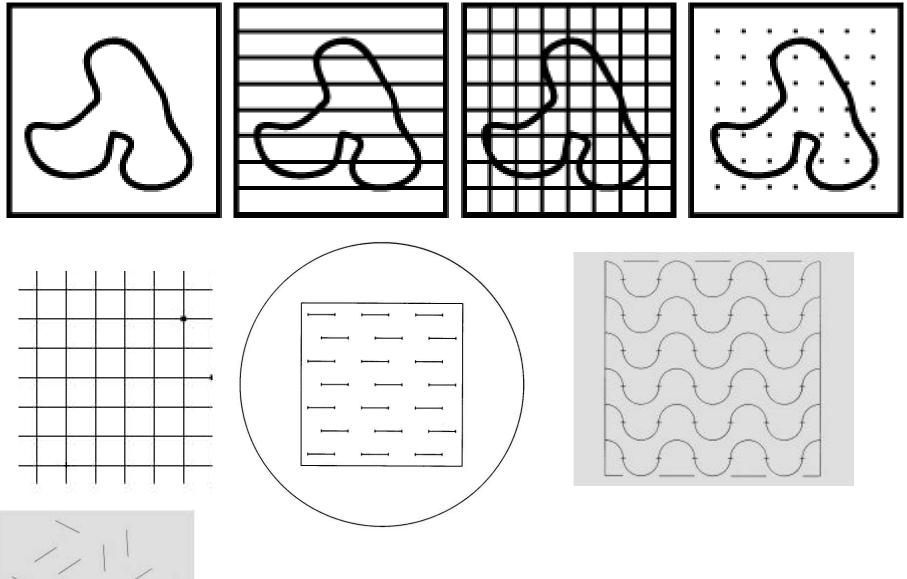
Buffon's Needle (1777)



A is about 3 ties longer than B !

 $S_v = 2 \times I_L$

 $L = \pi / 2 \times I_{L}$



Stereology Lattices (Probes)

... also available as Eyepiece Graticules

Use Hally formula for number of hits



Numbers

... in tissue sections



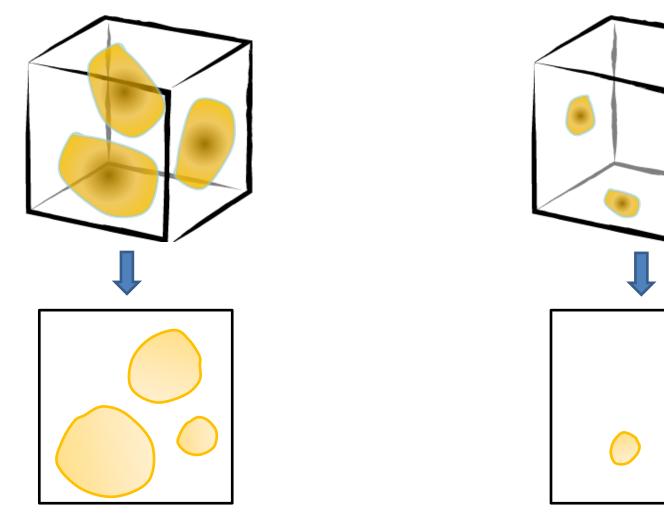
- N, Nv, NA
- Counting Objects or Profiles ?
 - Loose cells/smears or sections?
- Depends on size and shape, section thickness
- Reconstruct
- Correction procedures (for Size, Shape, Populations)
 - Abercrombie (1946) D=dx4/ π
 - Schwartz-Saltykov (1958) Unfolding
 - Avoid: use Design Based Stereology



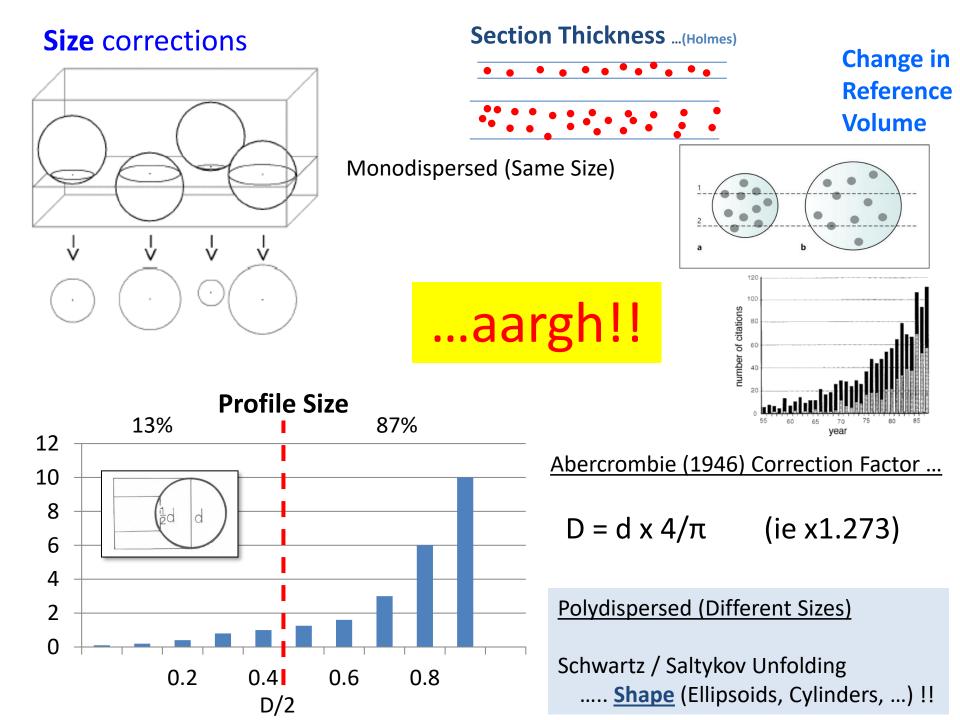


Although the answer is 3 items .. If they are smaller they are cut less often and apparently seem to be fewer! So you need to measure their size as well.

Numerical Density

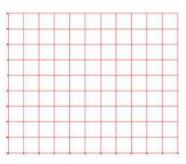


 $Nv = NA/\overline{D}$





Stereology 2



- New Design Based Stereology
 - Fractionator, Disector, Nucleator, Surfactor, Proportinator, Selector, Rotator, Cycloids
 - Surface Weighted Star Volume
 - Unbiased Brick, Isotropic Fakir
 - Spaceballs, Petrimetrics



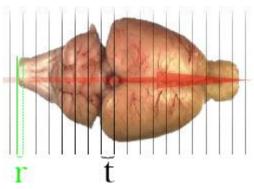
- Equipment / Design
 - Specialised Sampling; IUR, VUR, SRS sections
 - Thick sections, Optical sections
 - Unbiased Counting Frames

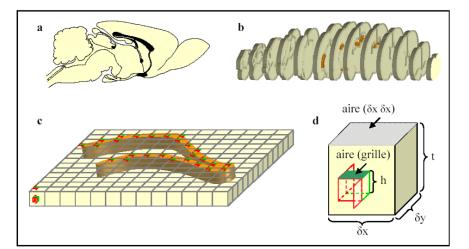


Gunderson, Sterio 1980s

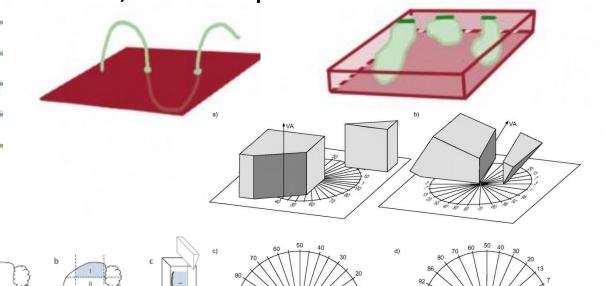
See Howard & Reed, 1998, 2010 www.stereology.info

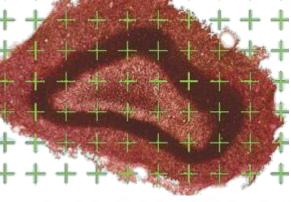
Cavalieri Method (1635)

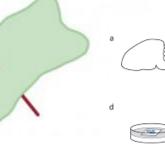


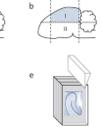


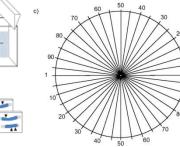
Random start then serial sections, random slices, randomised probes ...

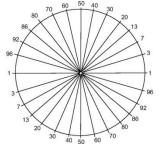


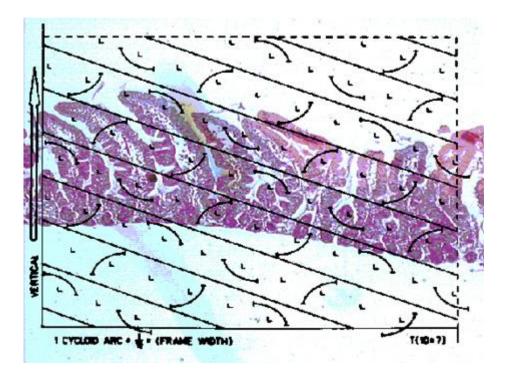


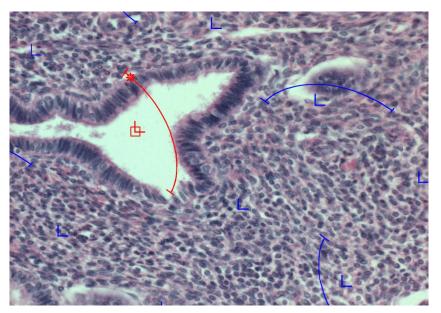




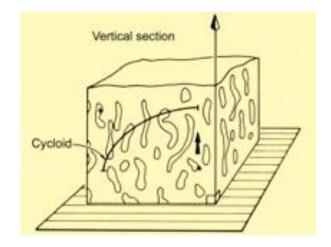


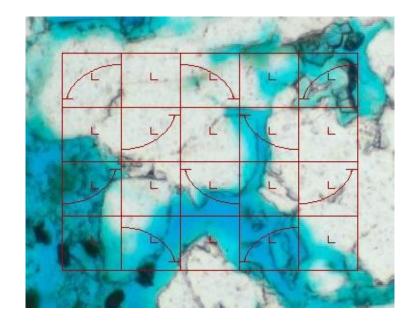






Cycloids for estimating Surface Area in a Volume





Unbiased Stereology for numbers Gunderson

acceptance

rejection

Measuring (see Picture 1)

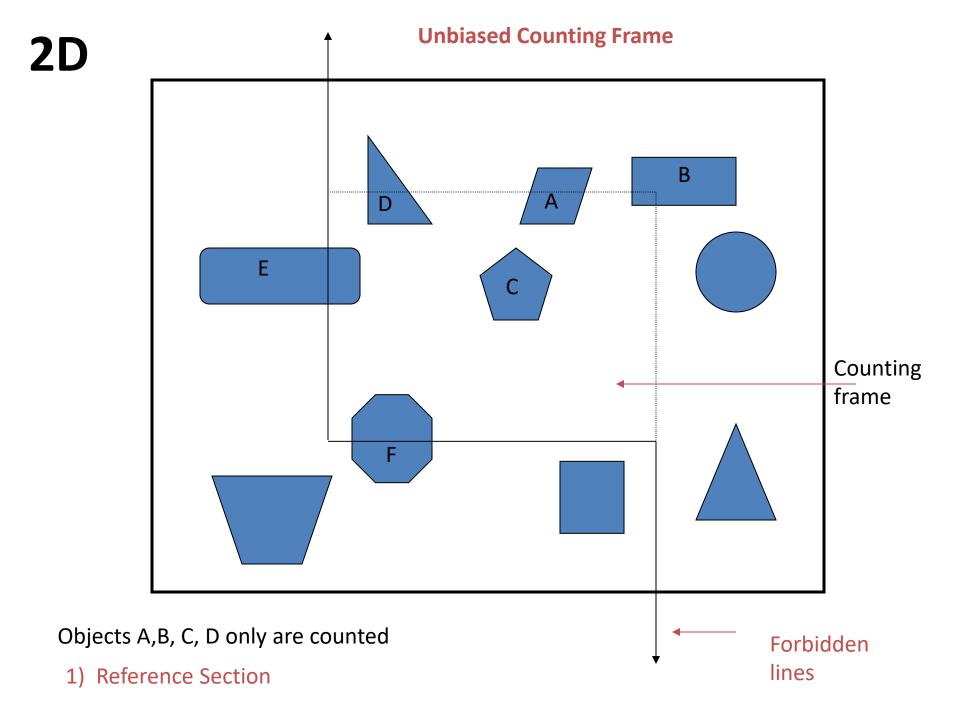
Since small objects are more likely to fit as complete objects within a measuring field it is best to remove this bias by measuring ALL objects within the frame and ALL objects hitting the dashed (allowed) lines but NOT those hitting the solid (forbidden) lines.

Counting (see Pictures 1 & 2)

Objects allowed in the reference section (Picture 1 - A,B,C,D) are then checked in the next (look-up section (Picture 2)). If they DO NOT APPEAR in the look-up section these are the objects which are counted - ie object A ONLY.

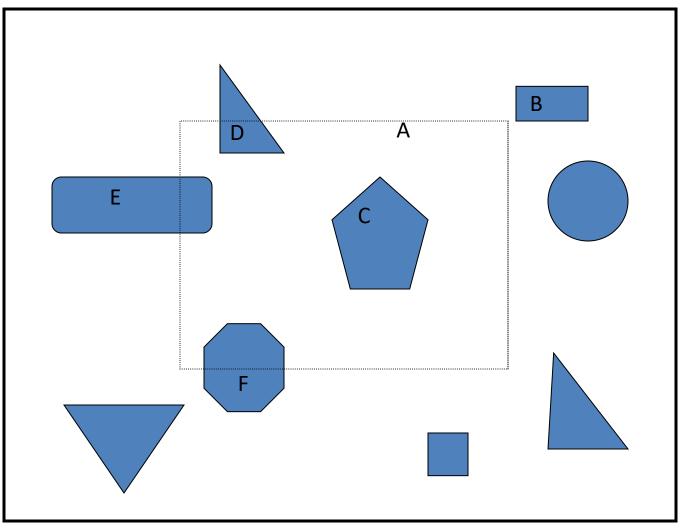
Therefore one object occupies a volume equal to the frame area times the section spacing. This is called the Disector Method.

See: Howard CV, Reed MG (1998) Unbiased Stereology. RMs Handbook 41; Bios Scientific.



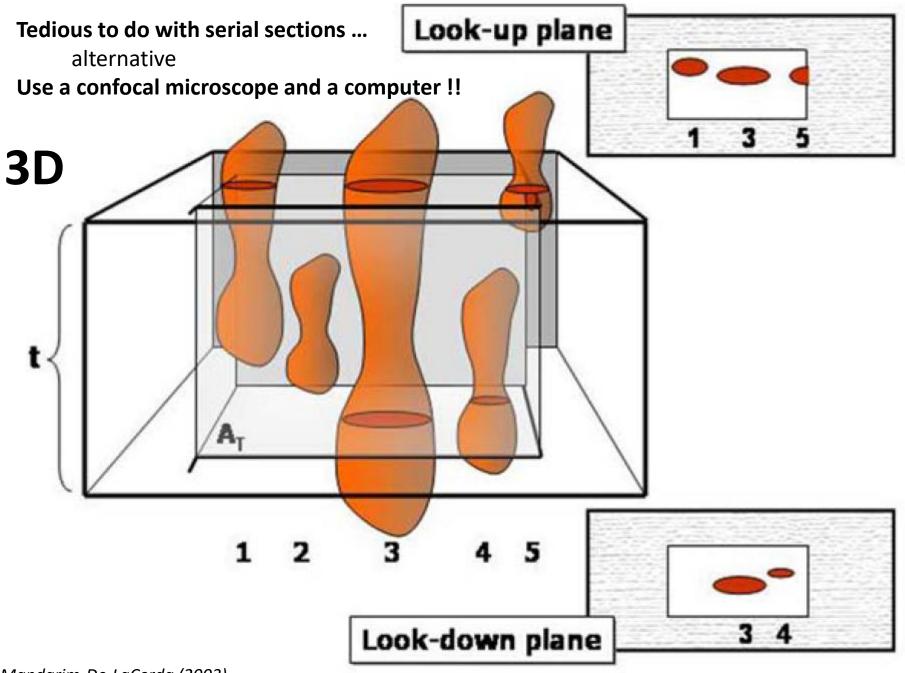
2D

Disector method

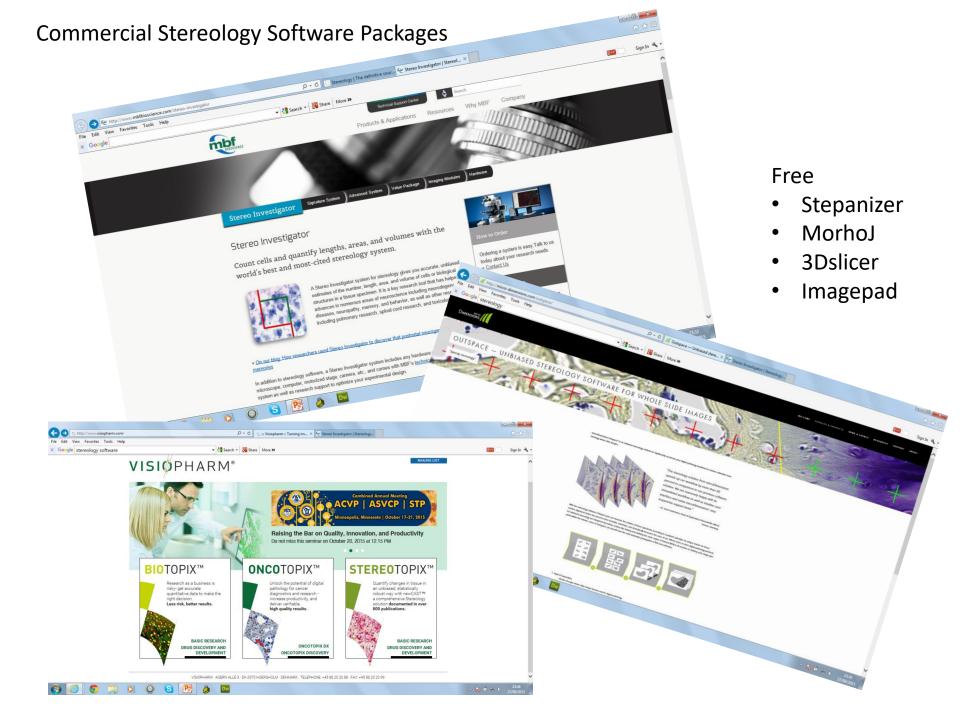


2) Look-Up Section

Of the objects counted in the reference section (A,B,C,D) only the objects NOT present in the look-up section are counted, ie only object A is counted.

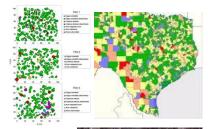


Mandarim-De-LaCerda (2003)



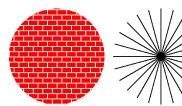


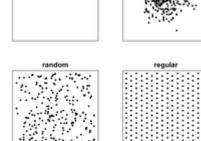
Pattern Analysis Measurements of 'Organisation'

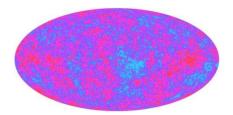


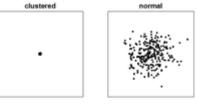
- Location / Distribution / Spatial Arrangement / Association / Connectivity / Interaction
 - ???: Random, Regular, Clumped, Dispersed, Associated/Related
 - Distance: Nearest Neighbour, Mean free path
 - Grouping: Enclosed, Contiguity, Runs Test, SPAM
 - Autocorrelation
 - Tesselation / Joins / Overlay methods
 - Regional Density, Point Swarms
- **Orientation / Branching**
 - Dendritic methods (fields, segments, nodes)
 - Isotropic, Anisotropic

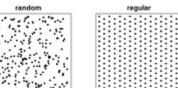
See: Uylings, Berry, Aherne, Underwood, Johnson, Sokal & Rohlf, James, Mahon, Cruz-Orive, Diggle, Unwin

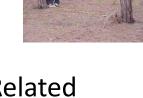




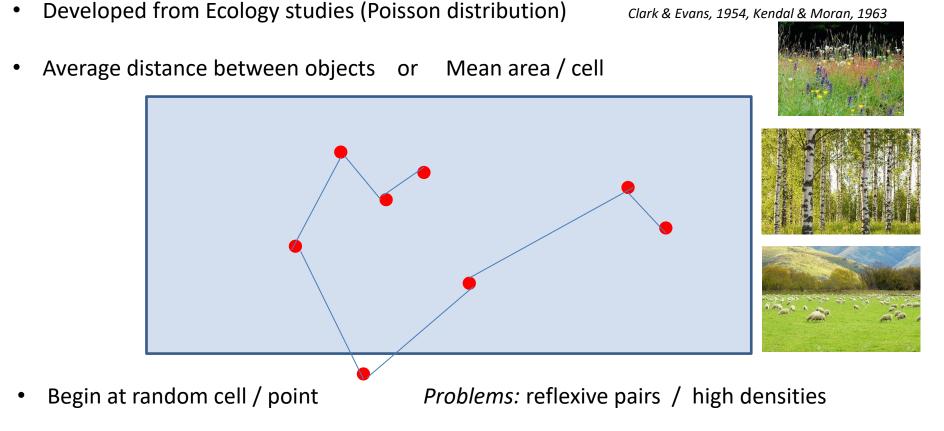




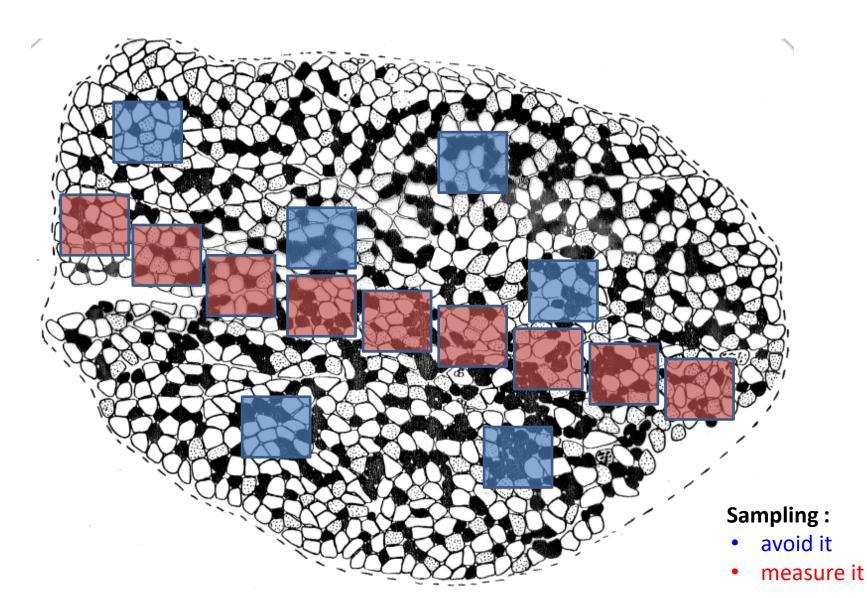




Nearest Neighbour Analysis



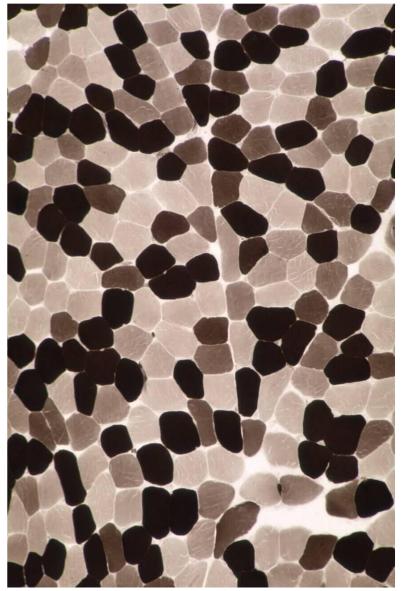
Homogeneity / Heterogeneity

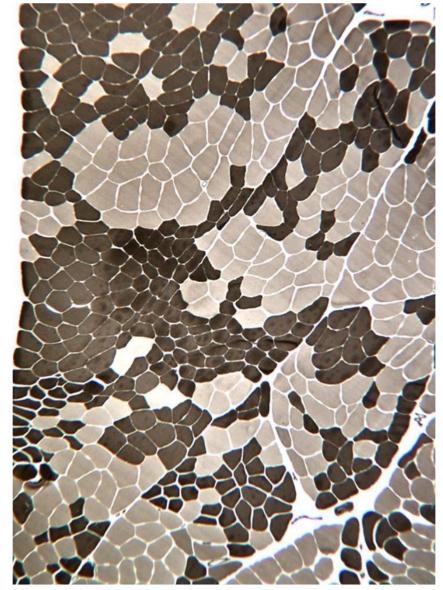


Randomness ?

Healthy Muscle

Diseased Muscle

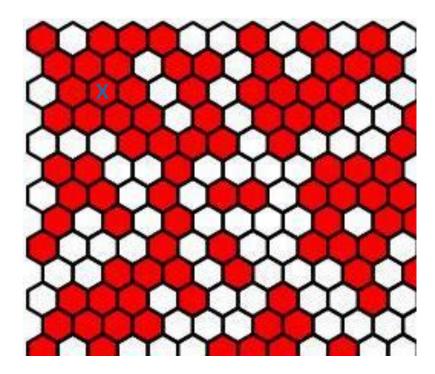




Enclosed "cell" method

- Observed versus Expected
- Predicted E= Np⁷ +/_ SD
- Depends on percentage occurrence
 - 30% R = 0 enclosed
 - 50% R = 1
 - 70% R = 8
 - 90% R = 50

Johnson, 1973

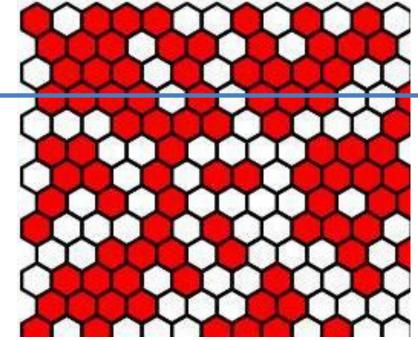


r = 6

r = 15

Runs Test

- <u>RRRR W RRR WWWW R WW</u>
- <u>R W R W R W R W R W R W R</u>
- N = 15, n1 R = 8, n2 W = 7
- Exp F = [2 x (n1 x n2 / n1 + n2)] 1 = 6.5
- T = (F Exp F) / SD
- Distribution IS Random
- Distribution IS NOT Random
- Predict Runs eg 100 cells 60% R = 47 +/-5 runs



Sokal & Rohlf, 1973

Run Lengths (Clumps)

Roach, 1968

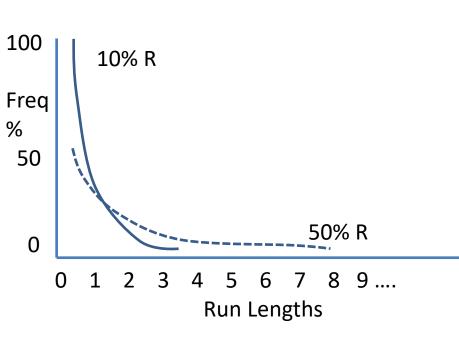
- <u>RRRR W RRR</u> <u>WWWW R WW</u>
- <u>R W R W R W R W R W R W R W R</u>

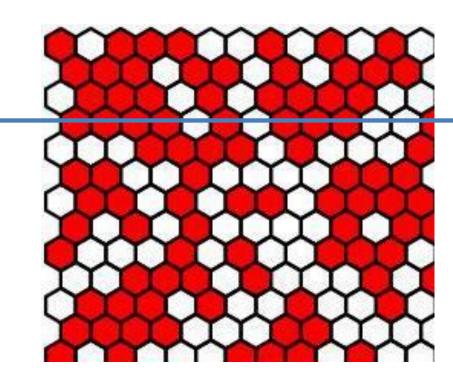
Avlength R = 1.00

Avlength R = 2.66

• Predict expected run lengths for a random distribution

 $CI_{R} = N_{R} + P_{RL^{R-1}} x (1-P_{R})^{2}$ $CI_{W} = N_{R} x P_{R} x (1=P_{R})^{LW}$





Contiguity

Underwood, 1970 Gurland, 1975 James, 1980

- Apply test line and look at intersections with boundaries
- Need to know length of test line and

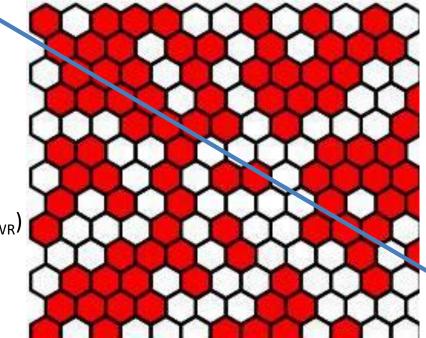
N _{RR}	=	R_R
N _{ww}	=	W_W
N _{WR}	=	W_R_W

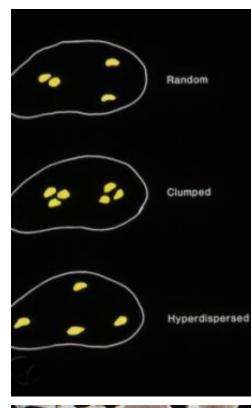
- Use stereological SV formulae modified for 2D
- $L_A = \pi/2 \times P_L$
- Estimate Interface lengths for

LA_{RR} LA_{WW} LA_{WR}

• Index of Contiguity

$$C_{RR} = LA_{RR} / (LA_{RR} + LA_{WR})$$





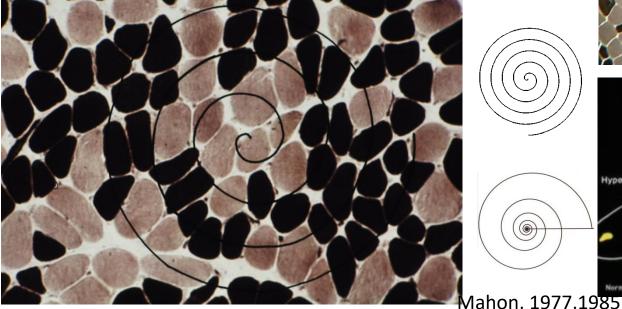


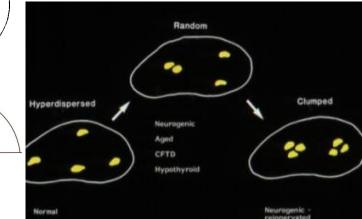
Spatial/Spiral Pattern Analysis of Muscle

Runs Test-Run Lengths-Contiguity

6

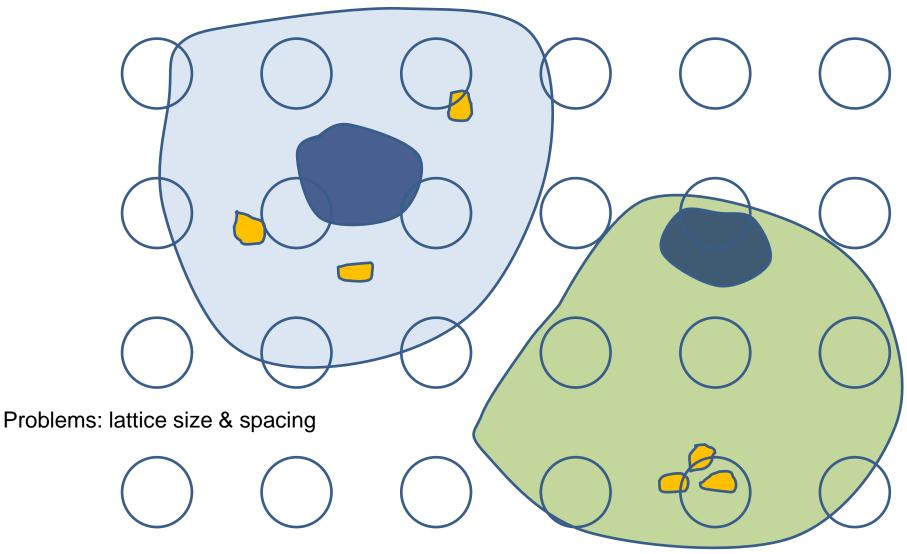






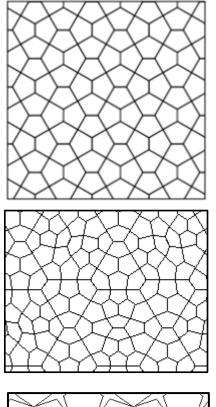
Measure of **Association** – Circle Overlay Method *Cruz-Orive, 1976*

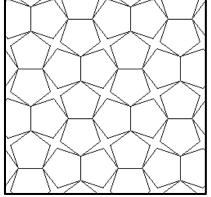
eg: Eccentric nuclei, organelle clumping or autoradiography (Williams, 1977)



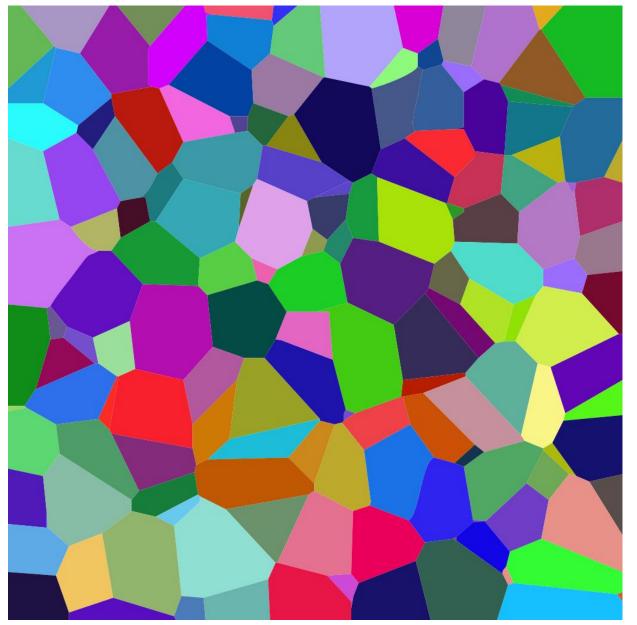
Shows that in the pathology example to the right, more likely to get circles overlapping groups of orange objects, normal (left) orange associated with nucleus.

Tesselation





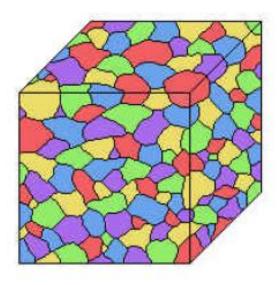
Apply lattices and use mathematical concepts of "Lattice tesellation of congruent domains"

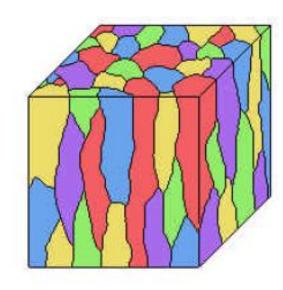


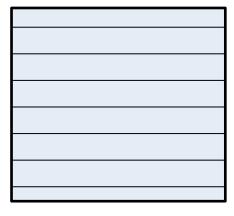
ORIENTATION

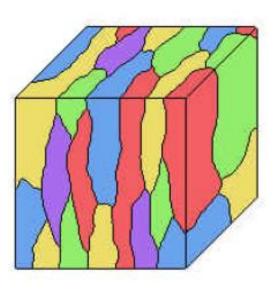
а

С



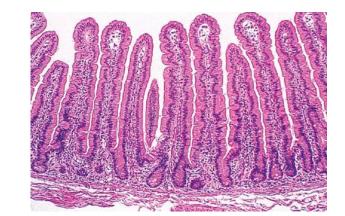


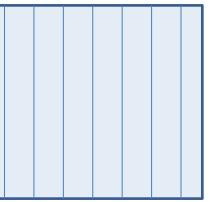


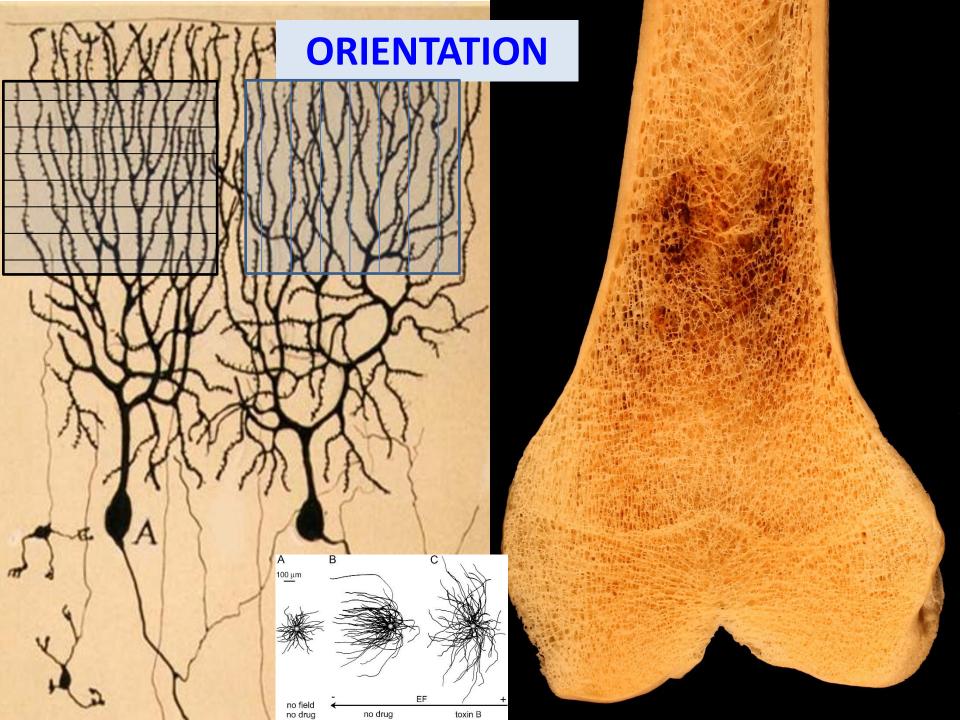


Apply line lattice

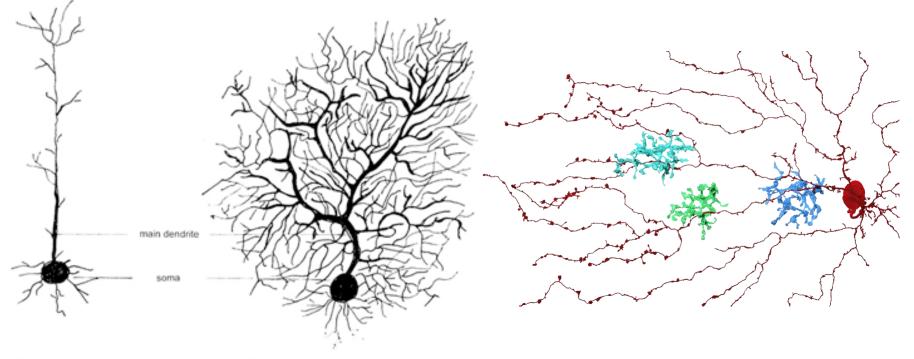
b







BRANCHING



Sparse growth of dendrites in an aging, inactive brain

Typical dendritic growth in an active brain





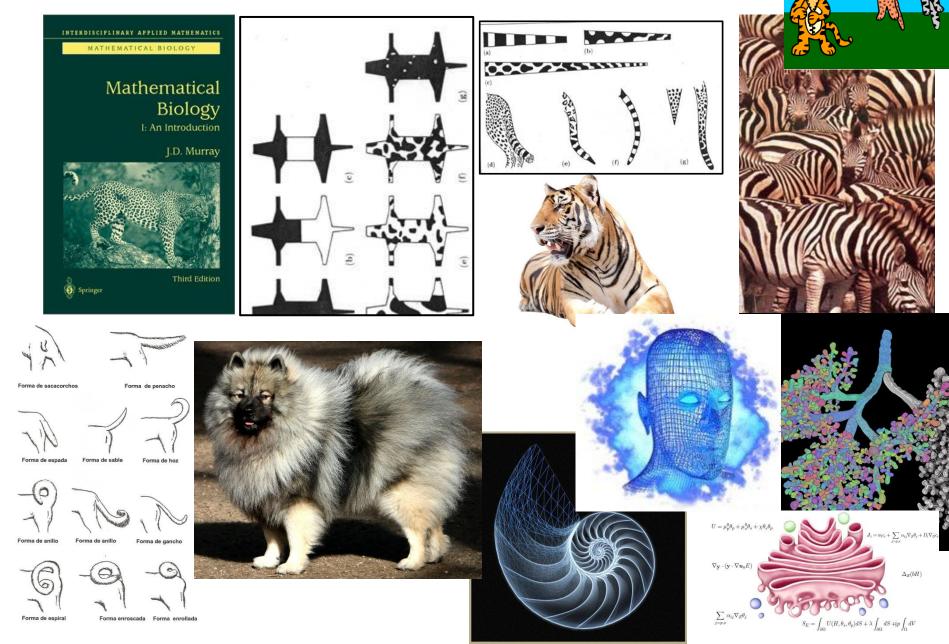
Topology

- Arbor or Tree analysis
- Vertex / Branch / Segment
- Bifurcations / tri .. / multi ..
- Angles

Berry, 1980s

Mathematical Modelling of Topography & Development

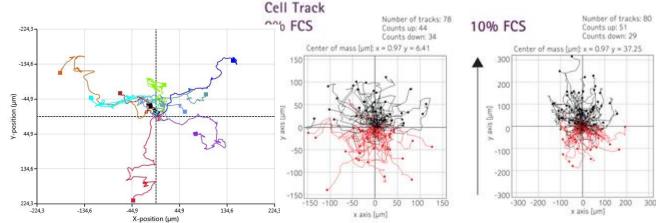
1952 Alan Turing , 1980 JD Murray



Movement

- Organisms, cells, organelles
 - Subjective recording
 - Tracing
 - Direction
 - Velocity
 - Diffusivity
 - Association





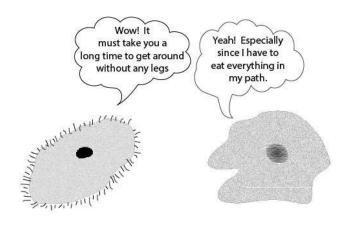




Image Analysis



- Automated/Computerised Measurement vs Eye/Brain
- Early: 1969-1990 ... then software based
 - MOP, Quantimet, Magiscan, Imagan, <u>NIH Image-J</u>, Matlab, LAS, Image Pro, i-Solution, QuPath Recent (2010-now): Machine Learning, Al
- Procedure

• +/-

- Sampling
- Calibration
- Image capture
- Segmentation
 - Thresholding, Edge Detection, Erosion/Dilation
 - Object detection
- Measurement
 - Size, shape, number, density (IOD?), arrangement, ...
- Data analysis and display
- Speed & Measurement / Identification, User, Cost, GIGO

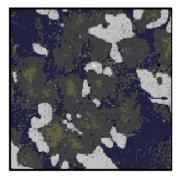


Thresholding

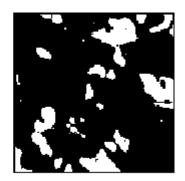




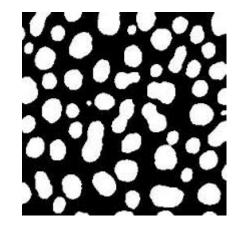
Value (0-255): 25



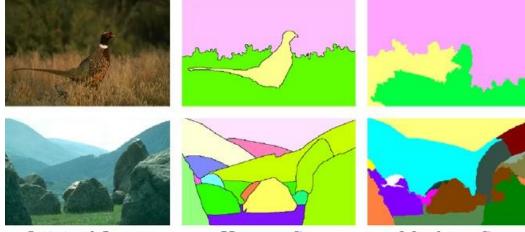
Original image



Thresholded binary image



Segmentation

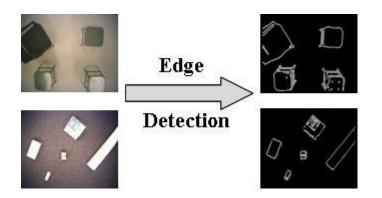


Original Image

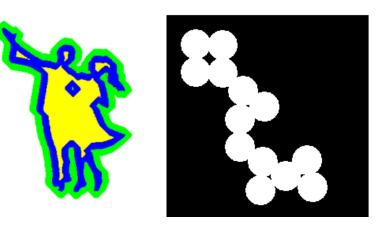
Human Seg

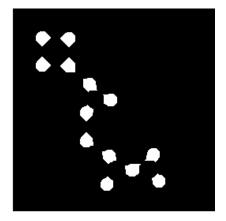
Machine Seg



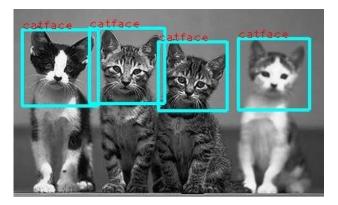


Erosion / Dilation

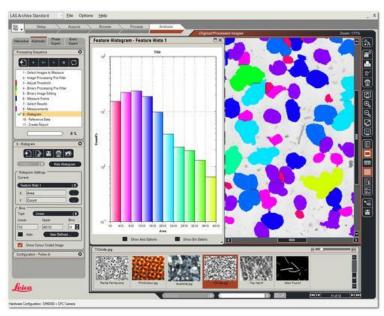


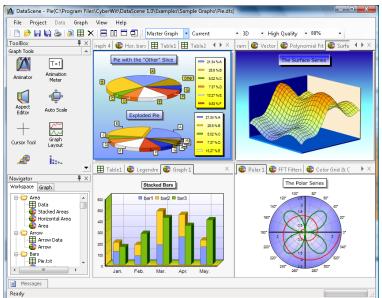


Object Detection



Problems – brilliant results output **But** does the user know what the machine is doing and have they considered bias, caveats etc. ?? !!





1980s advertisement ...



THANKS TO MAGISCAN – IMAGE ANALYSIS IS NO LONGER THE PRESERVE OF THE SPECIALIST





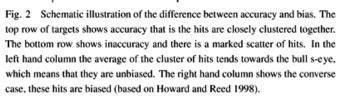
"Garbage to ten decimal places is still garbage !"

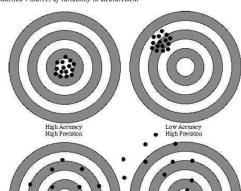


Are the results unbiased, precise, accurate, valid, meaningful?

Statistics !!!

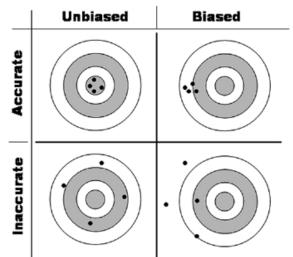
- Accuracy
 - Degree of closeness to true value
- Precision
 - Related to reproducibility and repeatability
 - Improve by increasing sample size
- Bias
 - Random or Systematic error
- Valid
 - Measurement system which is ACCURATE and PRECISE and UNBIASED

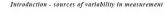




Low Accuracy

Low Precision





High Accuracy

Low Precision

How to conduct a measurement project



References

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•Hally, A. D. A counting method for measuring the volumes of tissue components in microscopical sections. J. Cell Sci., 105(S3): 503-17, 1964.



Unbiased Stereology

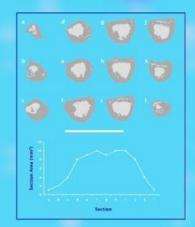
Three-Dimensional Measurement in Microscopy

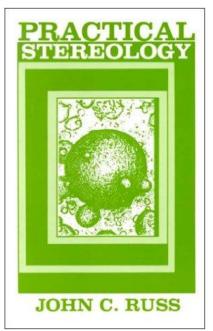


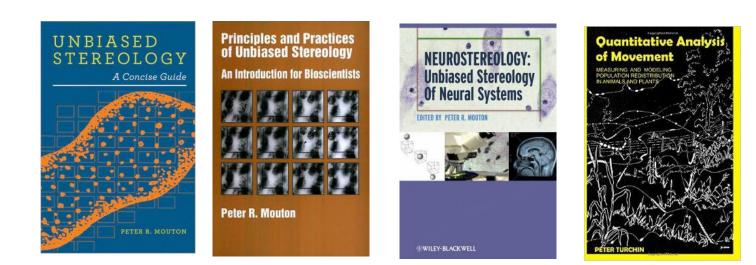
C.V. Howard and M.G. Reed

Unbiased Stereology Second Edition

C.V. Howard & M.G. Reed







http://www.lab.anhb.uwa.edu.au/mb140/scope/stereology/stereology.htm

http://www.scielo.br/scielo.php?script=sci_arttext&pid=S0001-37652003000400006

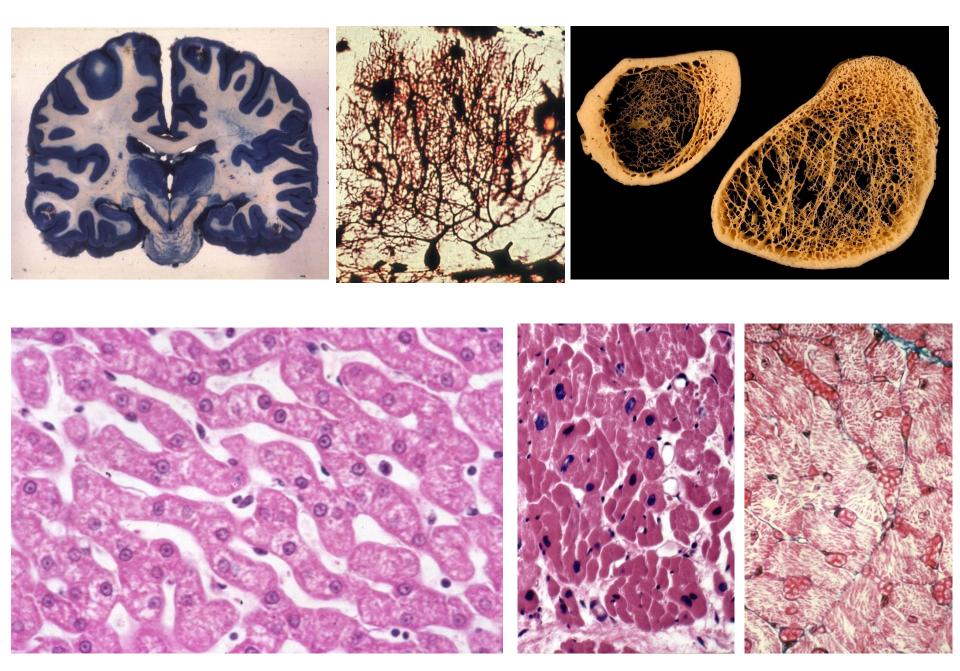
Question

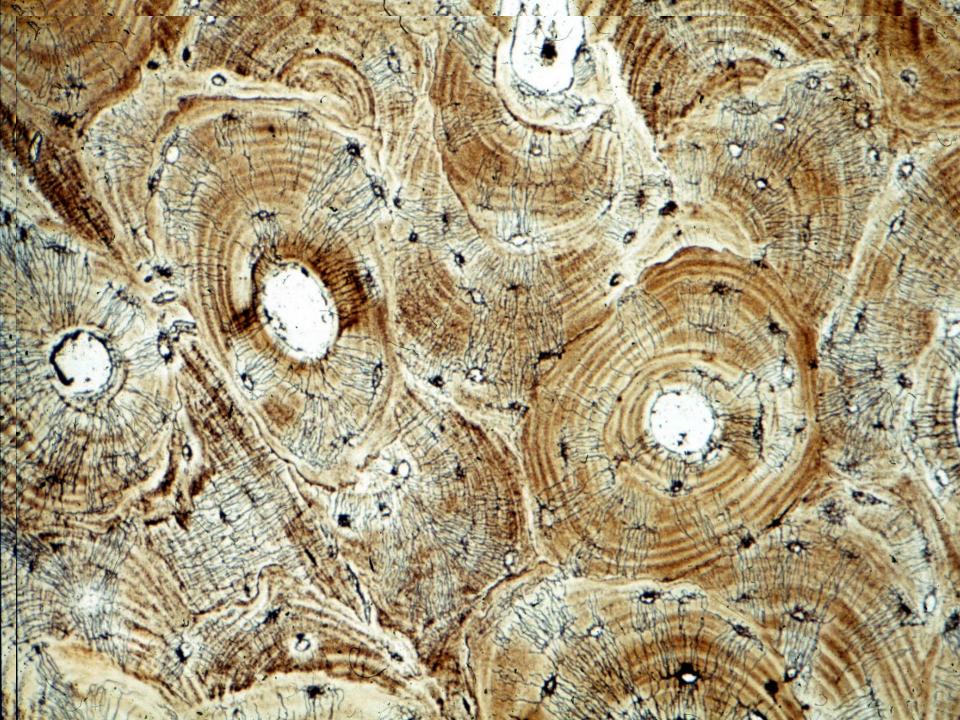
What is the Answer to the Ultimate Question of Life, the Universe & Everything ?

= ??

Key Reference: Douglas Adams "Hitchhikers Guide to the Galaxy"

Volumes – Surface Areas – Lengths – Numbers - Branching ???





Practical

1. Magnification Calibration

2. Morphometry

3. Stereology

4. (Pattern/Shape analysis)